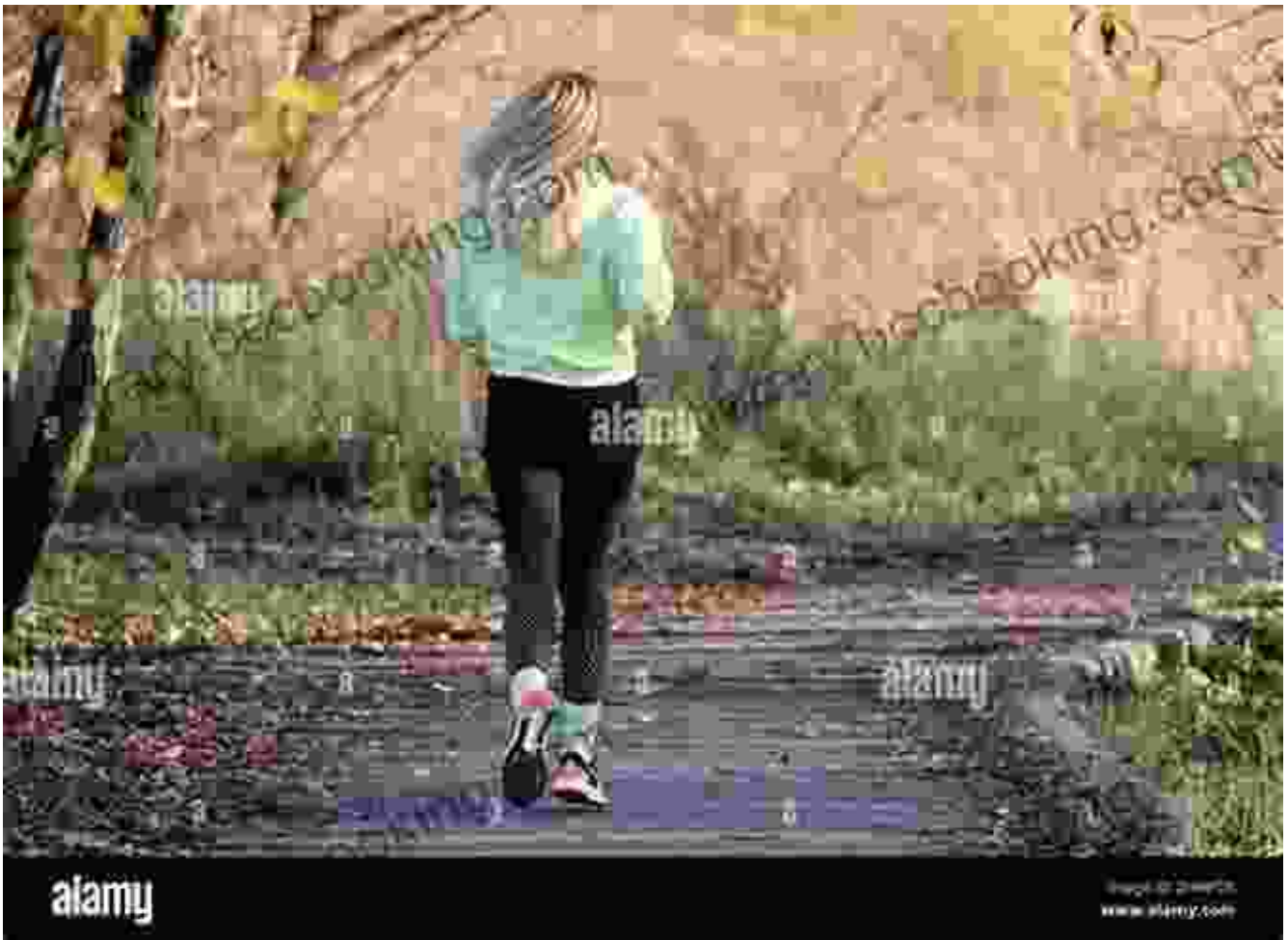


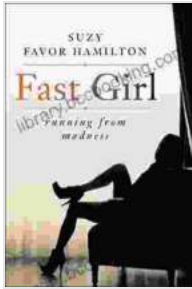
Fast Girl: A Life Spent Running From Madness



An Inspiring and Heartbreaking Memoir of a Woman's Journey to Overcome Mental Illness and Addiction

In *Fast Girl*, Sarah attends a prestigious private school and seems to have the perfect life. But behind closed doors, she struggles with crippling anxiety and depression. After dropping out of college and struggling to hold down a job, Sarah's life begins to spiral out of control. She turns to alcohol and drugs to numb the pain, and soon her addiction takes over her life.

But Sarah is a fighter. She refuses to let her illness and addiction define her. With the help of therapy, medication, and running, Sarah slowly begins to rebuild her life. She shares her story in *Fast Girl* in the hope that it will inspire others who are struggling with mental illness and addiction.



Fast Girl: A Life Spent Running From Madness

by Suzy Favor Hamilton

★★★★☆ 4.3 out of 5

Language : English
File size : 611 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Screen Reader : Supported
Print length : 159 pages



Fast Girl is a must-read for anyone who has ever struggled with mental illness or addiction. It is a story of hope, resilience, and triumph.

Praise for Fast Girl

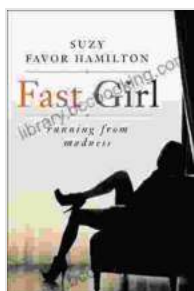
“Sarah's story is an inspiration to anyone who has ever struggled with mental illness or addiction. Her journey is a reminder that even in the darkest of times, there is always hope.” — ****Gabor Maté, MD, author of In the Realm of Hungry Ghosts****

“Fast Girl is a powerful and moving memoir. Sarah's story is a testament to the power of the human spirit and the importance of never giving up.” — ****Lori Gottlieb, author of Maybe You Should Talk to Someone****

“Sarah's story is a reminder that we are all capable of overcoming our demons. Fast Girl is a must-read for anyone who has ever struggled with mental illness or addiction.” —**Johann Hari, author of Chasing the Scream**

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