

Handball Practice 14: Interaction of Back Position Players with the Pivot

The interaction of back position players with the pivot is one of the most important aspects of handball. It is essential for creating scoring opportunities and for defending against the opposition. This book provides a comprehensive guide to this interaction, covering all aspects of the game, from the basic principles to the most advanced techniques.



Handball Practice 14 - Interaction of back position players with the pivot: Shifting, Screening, and Using the Russian Screen by Jörg Madinger

★★★★★ 5 out of 5

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Screen Reader : Supported
Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 64 pages
Lending : Enabled



Basic Principles

The first step to understanding the interaction of back position players with the pivot is to understand the basic principles of the game. These principles include:

- The pivot is the central player in the attack. They are responsible for creating space for other players and for receiving and distributing the ball.
- Back position players are the players who play behind the pivot. They are responsible for scoring goals and for providing support to the pivot.
- The interaction between back position players and the pivot is essential for creating scoring opportunities. Back position players can create space for the pivot by moving away from them, and they can provide support by receiving and distributing the ball.

Advanced Techniques

Once you understand the basic principles of the interaction of back position players with the pivot, you can start to learn some more advanced techniques. These techniques include:

- The pick and roll: The pick and roll is a play in which a back position player sets a screen for the pivot. This allows the pivot to get open for a pass or to roll to the basket for a shot.
- The back door cut: The back door cut is a play in which a back position player cuts behind the pivot. This allows them to get open for a pass or to receive a pass from the pivot for a shot.
- The give-and-go: The give-and-go is a play in which a back position player passes the ball to the pivot and then cuts to the basket. This allows them to get open for a pass from the pivot for a shot.

Tactics

In addition to the basic principles and advanced techniques of the interaction of back position players with the pivot, there are also a number of tactics that can be used to improve your team's performance. These tactics include:

- Using the pivot to create space for back position players: The pivot can be used to create space for back position players by moving away from them. This allows back position players to get open for passes or to receive passes from the pivot for shots.
- Using back position players to support the pivot: Back position players can support the pivot by receiving and distributing the ball. This allows the pivot to focus on creating space and scoring goals.
- Using the pick and roll to create scoring opportunities: The pick and roll is a play that can be used to create scoring opportunities for back position players. By setting a screen for the pivot, back position players can allow the pivot to get open for a pass or to roll to the basket for a shot.

The interaction of back position players with the pivot is one of the most important aspects of handball. By understanding the basic principles, advanced techniques, and tactics of this interaction, you can improve your team's performance and increase your chances of winning.



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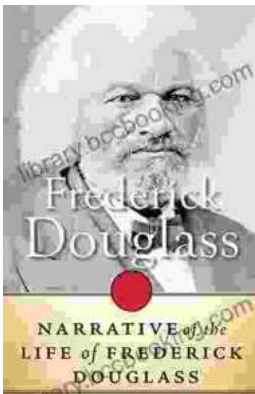
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