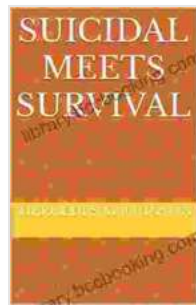


# Suicidal Meets Survival: A Journey of Hope and Healing

Suicide is the tenth leading cause of death in the United States, and it is a major public health problem. Every year, more than 45,000 people in the United States die by suicide. That's one person every 12 minutes.



## Suicidal Meets Survival

★★★★★ 5 out of 5

Language : English  
File size : 1849 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 15 pages  
Lending : Enabled



Suicide is a complex issue, and there is no single cause. However, there are a number of risk factors that can increase a person's risk of suicide, including mental illness, substance abuse, and a history of trauma.

If you are struggling with suicidal thoughts, it is important to seek help. There are many resources available to help you get the support you need. You can talk to your doctor, a mental health professional, or a crisis hotline.

There is hope for people who are struggling with suicidal thoughts. With the right help, you can get better and go on to live a full and happy life.

Suicidal Meets Survival is a powerful memoir that chronicles the author's journey of overcoming suicidal thoughts and finding hope and healing. This book is a must-read for anyone who has ever struggled with suicidal thoughts or who knows someone who has.

In this book, the author shares her personal story of struggling with suicidal thoughts and how she eventually found hope and healing. She discusses the challenges she faced, the lessons she learned, and the strategies that helped her to overcome her suicidal thoughts.

Suicidal Meets Survival is a powerful and inspiring story of hope and healing. This book is a valuable resource for anyone who is struggling with suicidal thoughts or who knows someone who is.

If you are struggling with suicidal thoughts, please know that you are not alone. There is help available, and you can get better. Please reach out to a crisis hotline or mental health professional for help.

## Resources for Suicide Prevention

- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- Crisis Text Line: Text HOME to 741741
- The Trevor Project: 1-866-488-7386
- American Foundation for Suicide Prevention: <https://afsp.org>

### Suicidal Meets Survival

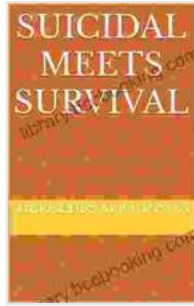
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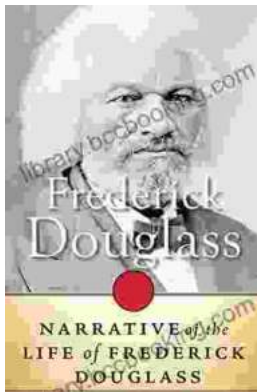
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