

# The Complete Guide to Badminton: Objectives, Scoring, and Playing Rules

Badminton is a racquet sport played between two opposing players or two opposing pairs of players using racquets to hit a shuttlecock across a net. The objective of the game is to score points by hitting the shuttlecock into your opponent's court and preventing them from returning it. The game can be played as singles (one player against another) or doubles (two players against two other players).

## Objectives of Badminton

The main objective of badminton is to score points by hitting the shuttlecock into your opponent's court and preventing them from returning it. Points can be scored in singles or doubles matches.



## BADMINTON FOR BEGINNERS: Complete Guide On How To Play Badminton, Players, Objectives, Scoring, Rules, Hand Eye Coordination

★★★★★ 5 out of 5

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## **Objectives in Singles Matches**

- To hit the shuttlecock into your opponent's court and make them miss it.
- To force your opponent to hit the shuttlecock out of bounds.
- To win the rally by forcing your opponent to make a fault.

## **Objectives in Doubles Matches**

- To hit the shuttlecock into your opponent's court and make them miss it.
- To force your opponent to hit the shuttlecock out of bounds.
- To win the rally by forcing your opponent to make a fault.
- To work together with your partner to cover the court and return the shuttlecock.

## **Scoring in Badminton**

Points are scored in badminton when the shuttlecock lands in your opponent's court and they fail to return it. A point can also be scored if your opponent hits the shuttlecock out of bounds or commits a fault.

## **Scoring in Singles Matches**

- The first player to reach 21 points wins the game.
- If the score reaches 20-20, the game continues until one player wins by two points.
- The winner of the game serves first in the next game.

## **Scoring in Doubles Matches**

- The first team to reach 21 points wins the game.
- If the score reaches 20-20, the game continues until one team wins by two points.
- The winning team serves first in the next game.

## **Playing Rules of Badminton**

The playing rules of badminton are designed to ensure fair play and a consistent playing experience for all players. The rules cover everything from the size and dimensions of the court to the way the shuttlecock is hit.

## **Basic Rules of Badminton**

- The game is played on a rectangular court with a net in the middle.
- The court is divided into two halves by the net.
- Each player or team has their own half of the court.
- The shuttlecock is hit back and forth across the net using racquets.
- The game is won by the player or team that scores the most points.

## **Faults in Badminton**

A fault is any illegal action that is committed during a badminton game. Faults can result in the loss of a point or a game.

- Hitting the shuttlecock out of bounds.
- Touching the net with your body or racquet.
- Carrying the shuttlecock.

- Double hitting the shuttlecock.
- Obstructing your opponent.

## **Serving in Badminton**

The serve is the first shot in a badminton game. The serve is used to put the shuttlecock into play and start the rally.

- The server must stand behind the short service line on their side of the court.
- The server must hit the shuttlecock underhand and below the waist.
- The shuttlecock must land in the opposite service court.

## **Returning a Serve in Badminton**

The return of serve is the second shot in a badminton game. The return of serve is used to return the shuttlecock to your opponent's court and start the rally.

- The receiver must stand behind the short service line on their side of the court.
- The receiver must hit the shuttlecock before it bounces twice.
- The shuttlecock must land in the opposite service court.

## **Rally in Badminton**

The rally is the main part of a badminton game. The rally continues until one player or team scores a point.

- The players or teams hit the shuttlecock back and forth across the net.

- The shuttlecock can be hit with any part of the racquet.
- The shuttlecock must be hit below the waist.
- The shuttlecock must land in the opposite court.

## Winning a Game of Badminton

A game of badminton is won by the player or team that scores the most points. The first player or team to reach 21 points wins the game.

- If the score reaches 20-20, the game continues until one player or team wins by two points.
- The winner of the game serves first in the next game.



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