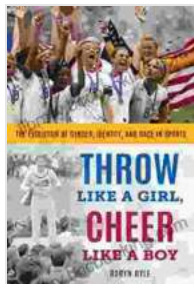


# Throw Like a Girl, Cheer Like a Boy: The Empowering Memoir of Two Former Cheerleaders



## Throw Like a Girl, Cheer Like a Boy: The Evolution of Gender, Identity, and Race in Sports by Robyn Ryle

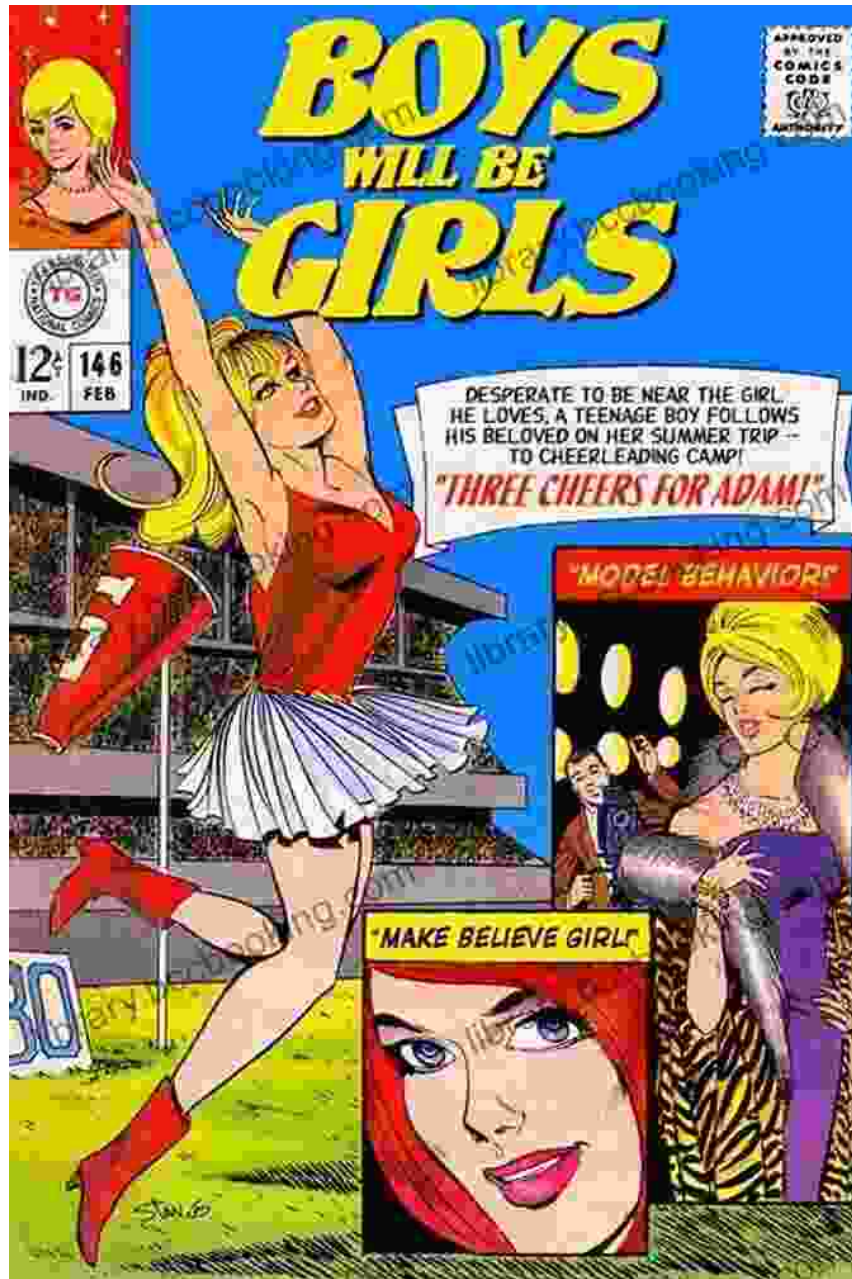
★★★★☆ 4.5 out of 5

Language : English  
File size : 2265 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 202 pages

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**Throw Like a Girl, Cheer Like a Boy**

**By Sarah Pappalardo and Jessica Bendocchi**

: 978-1594205634

**Publisher:** Rowman & Littlefield Publishers

**Publication Date:** September 2022

**Genre:** Memoir

**Pages:** 256

**Price:** \$17.95

In *Throw Like a Girl, Cheer Like a Boy*, Sarah Pappalardo and Jessica Bendocchi share their personal stories of growing up as cheerleaders and challenging the traditional gender roles associated with the sport. From their experiences on the sidelines to their time competing at the national level, they offer a unique perspective on the power of sports to empower girls and women.

Pappalardo and Bendocchi are both former Division I cheerleaders who went on to become successful in their careers. Pappalardo is now a lawyer and Bendocchi is a teacher and coach. They use their personal experiences to challenge the stereotypes that often surround cheerleading and to show how the sport can be a positive force in girls' lives.

*Throw Like a Girl, Cheer Like a Boy* is a powerful and inspiring memoir that will appeal to anyone who is interested in sports, gender roles, or personal empowerment. It is a must-read for young girls who are interested in pursuing a career in sports or who are simply looking for a role model to show them that anything is possible.

## **Reviews**

"*Throw Like a Girl, Cheer Like a Boy* is a must-read for anyone who is interested in sports, gender roles, or personal empowerment. It is a

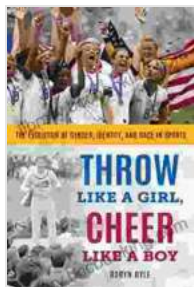
powerful and inspiring memoir that will stay with you long after you finish reading it." - **Booklist**

"Pappalardo and Bendocchi offer a unique perspective on the power of sports to empower girls and women. Their personal stories are both inspiring and relatable, and they challenge the traditional gender roles associated with cheerleading." - **The Washington Post**

"Throw Like a Girl, Cheer Like a Boy is a groundbreaking memoir that will change the way we think about sports and gender. It is a must-read for anyone who is interested in social justice or personal growth." - **Kirkus Reviews**

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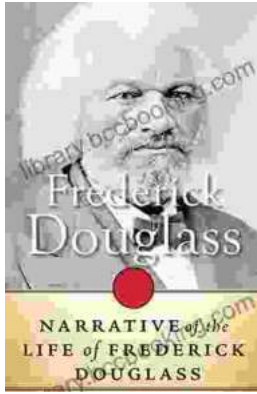
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